

FAQs

What if I can't do 90 minutes at a time?

While we highly recommend sitting for the full 90 minutes, if you experience discomfort sitting for this long or you need to use the bathroom, you can break up the treatment into two sessions on the same day. You should speak to your AOTI representative if you think you won't be able to do the full 90 minutes at a time.

What if I miss a treatment?

Refer to your prescription for the minimum number of treatments you should do each week. If you miss multiple treatments in the same week, you can do two treatments in one day.

What if I want more frequent treatments?

If you are able to sit for more treatments per week, you may do so. You cannot overdose on oxygen therapy. However, we encourage you to maintain a good balance of your daily activities so that you don't wear yourself out.

Can I reuse Boots?

No, Boots are single-use only.



Effective
Wound Treatment
at Home

two₂
MULTI-MODALITY OXYGEN

TROUBLESHOOTING

If you experience any issues starting therapy or have any questions or concerns, please first call your AOTI representative for assistance. If you cannot reach your representative, contact our International Customer Service at internationalcustomerservice@aotinc.net.



**WANT TO LEARN MORE?
VISIT AOTINC.NET OR SCAN HERE**

For questions or concerns,
please contact Customer Service
at internationalcustomerservice@aotinc.net

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ATTACH BUSINESS CARD HERE

Welcome

We are excited that you and your doctor have selected Topical Wound Oxygen (TWO₂), a clinically proven therapy for the treatment of chronic and difficult-to-heal wounds. As your partner in care, we are determined to give you the best quality treatment and help you get back to living your best life.

TWO₂ therapy is a safe, non-invasive treatment option that can be used in the comfort of your own home. All wounds need oxygen to heal. Chronic wounds can become hypoxic or low in oxygen. The Extremity Chamber (or "Boot") supplies necessary oxygen to the wound. While oxygen is being administered, non-contact cyclical compression from the Boot improves blood flow to help reduce swelling (edema). Lastly, optional humidification assures an ideal moisture level that helps the healing process.

Getting Started

- Before starting the therapy, you should use the bathroom, eat or grab a snack, and gather anything you want to have near you during therapy — such as a TV remote, a book, your phone, and a glass of water.
- You will need to sit or lie down for the duration of the therapy (90 minutes unless your doctor has prescribed otherwise).
- There is **NO SMOKING** during therapy since oxygen is a fire hazard when near an open flame. Make sure that any fireplaces or candles are not lit in the room you are in. Never use an open flame of any kind during treatment.
- You may leave your wound dressings on, unless your doctor has instructed otherwise. The therapy also works over a total contact cast (TCC).
- You should not feel any pain during the therapy. If you do, it is important that you contact your doctor immediately.

WARNING



**NEVER SMOKE OR USE
A NAKED FLAME IN THE
PRESENCE OF OXYGEN.**

COMPONENTS

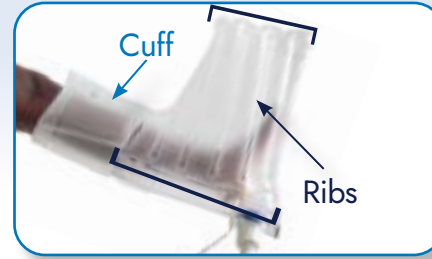
Oxygen Concentrator



Controller



Extremity Chamber ("Boot")



Power Supply



White Oxygen Line



Blue Interface Hose



Humidifier & Sterile Water Vial



Humidifier Plug



Humidifier Cable (Beige)

I. PREPARATION AND SETUP

Your representative will ensure that the Power Supply, White Oxygen Line, Blue Interface Hose, and Humidifier Cable are correctly attached to the Controller.

1 Ensure both the Concentrator and the Controller are plugged in to power.

2 If using Humidification: Attach the Humidifier to the Humidifier Cable, twist off top of blue Sterile Water Vial and squeeze the water into the cup. Press Humidifier Plug into Humidifier. Insert Humidifier into Boot facing toward the toe end of the Boot.



If you are NOT using Humidification, plug the top of the Humidifier Port on the Boot with the Humidifier Plug.

3 Locate the hose connection point on the Boot. Snap the Blue Interface Hose into the Boot at the connection point by pointing the large blue button directly toward the toe end of the Boot and lining up the arrows/triangles. You will hear a click.



4 Insert the leg to be treated into the Boot and pull the Boot upward until your foot is as far into the Boot as it will go. Cuff must make contact with skin and remain clear of any dressings or clothing.



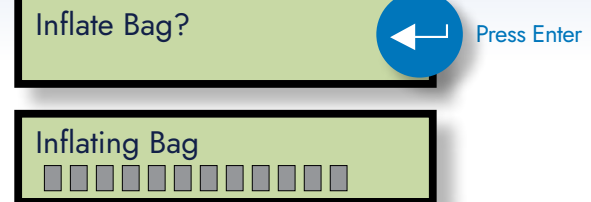
Note: There are two Boot sizes. The top of the large Boot should fit around the thigh. The top of the medium Boot should fit just below the knee.

II. STARTING THERAPY

5 Flip the **POWER** button to turn on the Concentrator. Press the **ON** button on the Controller.



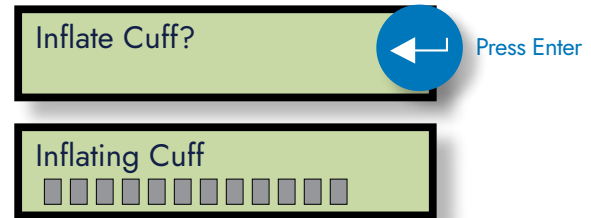
6 Controller Display will prompt you to **INFLATE BAG**. Press **ENTER** button for YES. The ribs of the Boot will inflate.



7 Display will prompt you to **INFLATE CUFF** (top of the Boot).

Press **ENTER** button for **YES**.

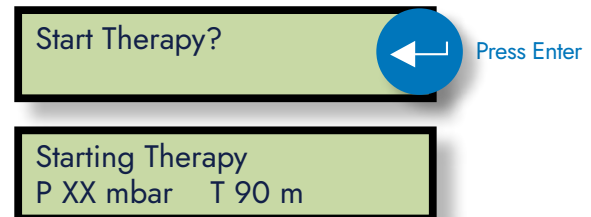
You will feel pressure at the cuff, which is normal.



8 Display will prompt you to **START THERAPY**.

Press **ENTER** button for **YES**.

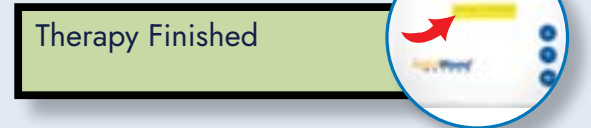
THERAPY will start, pressure and time will be displayed. A typical therapy session lasts 90 minutes. Within 1-2 minutes, the P number will start cycling between 50* mbar and 10 mbar for the duration of the Therapy. (If it doesn't, call your representative.) T number indicates the number of minutes remaining in therapy session.



*unless your doctor has prescribed otherwise

III. FINISHING THERAPY

9 **THERAPY FINISHED** alarm will sound and a light will flash. Press **ON/OFF** button to turn the Controller off.



10 Open the Cuff Plug to deflate the Cuff, and then remove the Boot.



11 Disconnect the Blue Interface Hose and **KEEP** the Humidifier and Humidifier Plug to reuse on the next Boot.



12 Discard the Boot.

WARNING!
The Boot is single-use only. DO NOT reuse, reprocess or disinfect. Discard after use.